

# www.asa-dmc.com

Tel: +44 (0)20 7387 8812 E-mail: groups@asa-dmc.com



# Executive Highland Retreat

Corporate Innovation & Leadership Experience

# **KEY HIGHLIGHTS**

Immerse your leadership team in an extraordinary Scottish Highland experience. Combine strategic planning, team building, and unique cultural experiences in a private estate setting, designed to inspire innovation and strengthen team dynamics.

### **ITINERARY**



#### Day One– *Highland Gateway* ...

Your transformative journey begins with an exclusive private transfer from Edinburgh Airport to the prestigious **Gleneagles Hotel** in Perthshire, where a team of Highland Heritage Society experts will welcome your group with traditional Scottish hospitality.

The day unfolds with a sophisticated **whisky masterclass** led by renowned historian Charles MacLean, providing insights into Scotland's rich cultural heritage amid the hotel's elegant surroundings. The evening culminates in a carefully curated welcome

dinner in The Ballroom, where executives will experience their first taste of Highland tradition dressed in formal Scottish attire—gentlemen in handcrafted kilts with sporrans and jackets, ladies in elegant evening wear complemented by clan tartan sashes—creating an immediate sense of Scottish immersion and setting the stage for meaningful strategic conversations.

#### Day Two – *Leadership Challenge* ...

The morning commences with a **mindfulness session** on the tranquil grounds of Gleneagles Estate, where participants can center themselves amid Scotland's breathtaking Highland landscape. Professional coaches then guide your team through traditional **Highland games on the estate's private grounds**, creating challenges that test communication, collaborative problem-solving, and leadership skills far beyond typical **team-building exercises such as clay shooting and falconry.** 

In the afternoon, executives embark on a classic car driving adventure in pairs, navigating **vintage British sports cars** through the spectacular eastern shores of Loch Lomond and the Trossachs National Park. This driving experience combines nostalgia with adventure, offering a unique way to explore Scotland's natural beauty.



After a day of wellness and exhilarating driving, unwind with a **private dinner** at The Garden Restaurant at Kinloch House or 63 Tay Street - An award-winning restaurant in Perth focusing on Scottish produce with modern techniques. You will indulge in a carefully curated gourmet meal prepared by the hotel's acclaimed chefs, served in an exclusive setting. This bespoke day combines relaxation, adventure, and luxury, making it an unforgettable retreat at one of Scotland's most iconic destinations.



# guidance of Master Blender Stephanie Macleod.

#### Day Three -Wilderness Immersion....

Your third day begins with a **private salmon fishing** expedition on the River Tay with expert ghillies from Scone Palace Estate, offering a serene yet challenging team activity that requires patience, strategy, and mutual support.

Following a riverside lunch at Ballathie House Hotel, teams will embark on an exhilarating **Highland jeep safari expedition** with Highland Offroad, where they'll navigate challenging terrain in 4x4 vehicles through the rugged landscapes of Perthshire's Sma' Glen. This adventure takes participants to discover hidden lochs and glens while problem-solving natural obstacles together. The safari experience emphasizes adaptability, resilience, and overcoming unexpected challenges.

In the afternoon, a bag piper welcomes the group to **Aberfeldy's Dewar's Distillery**, where participants enjoy a private whisky experience and create their own personalized blend under the

A farewell **gala dinner** at the castle's award-winning Table restaurant showcasing estate-to-table cuisine and featuring a powerful Scottish performance by the Glenfiddich Piping Champions serves as the culmination of the retreat, celebrating both individual and collective achievements.

## Day Four -Departure & Reflection..

The morning begins with a **guided forest bathing experience** in Gleneagles' ancient woodlands, allowing executives to connect with nature while mentally processing their leadership journey. This Japanese-inspired mindfulness practice provides a powerful metaphor for business clarity and perspective that participants can take back to their corporate environments.

Following this, the group engages in a structured **leadership integration workshop** facilitated by an executive coach, where they'll create personal leadership manifestos and team action plans to implement their insights back at work. This hands-on session transforms retreat experiences into tangible business outcomes.



Before departure, participants enjoy a **private tour of the Gleneagles' Kitchen Garden** with the estate's head gardener, learning about sustainable practices and experiencing a garden-to-glass mixology session where they craft personalized botanical cocktails—symbolizing how each leader blends their unique strengths for team success.

The experience concludes with a **farewell luncheon** in the elegant Ochil House, featuring specially prepared Scottish farewell gifts for each executive before their private transfer back to Edinburgh Airport, closing this remarkable Highland journey with elegance and purpose.

THIS EXPERIENCE CAN BE TAILORED TO YOUR SPECIFIC CORPORATE GOALS